

# Education Kit: Suicide Prevention for Children

## Elementary Age – Grades K – 5



### WHY SUICIDE PREVENTION FOR CHILDREN?

Children as young as eight have died by their own hand.\*

This program teaches *help seeking behavior* in a sensitive and age-appropriate manner. Offers universal measures as recommended by the Surgeon General's National Strategy for Suicide Prevention. The "S" word is not used unless in a situation where a suicide has occurred or if a student raises a question. This program empowers children through the concept of building assets, resiliency factors, and life skills.

\* 9.15.03, PEOPLE MAGAZINE: "Cause of Death: Suicide Age 8",

#### LEAD AUTHOR

Deborah J. Brooks, M.S. Ed  
debbie.brooks@adams12.org

#### Curriculum:

- ◆ Training for Student Session Facilitators
- ◆ Suicide Prevention Training for School Staff
- ◆ Review of Student Session Training
- ◆ Review of Student Workbooks I: (K-2), II (Grades 3-5)
- ◆ Frequently Asked Questions about training for children
- ◆ How-to-use the *Ask for Help* bookmarks
- ◆ Review of Student Reinforcement Lesson Plans

#### Kit Includes:

- ◆ Comprehensive Handbooks
- ◆ Program Introduction CD
- ◆ Student Workbooks:
  - I: Grades K-2
  - II: Grades 3-6
- ◆ Instructor training Video
- ◆ Bookmark
- ◆ Pins
- ◆ Yellow "LINK" Bear

"It is always, no matter what, OK to ask for help, if I am sad or mad or in between. That is what the yellow ribbon means." Dustin, First Grade, Colma, Elementary School, MI